



FULL BIO

I am a queer, Latinx, mother, polyamorous partner, educator, speaker, coach, organizational strategist, and podcaster. While those are a lot of hats, the throughline across my work is that *I am an expert on change*...specifically in moving from what no longer serves you to what is most aligned with your vision and calling.

Professionally, I hold a Master's Degree in Social Work, and am certified in Complex Change Theory and Strategic Visioning. Through independent consulting and organizational leadership, I have worked with individuals (from the C-suite to the classroom) and companies (from multi-million dollar organizations to small start ups) to solve complex problems and successfully manage through change.

Personally, I spent my first 30 years building the life that was expected of me. I climbed the corporate ladder, married a good guy, had a child, and built a beautiful home. After years of working hard to live, behave, dress, and love the way that I was expected to, I found that I was successful but not happy. I've spent the last decade untangling myself from the heteronormative, monogamous, religious dogma and internal fear-based narrative that led me to a life that did not align with my truth. As the mother of an incredible daughter, I am leveraging my experience to raise her with the same social justice, sex positive, and self-empowering mindset that I bring to my work.

Moving from the old to the new is what I do; and I do it with an intersectional perspective and holistic experience that makes the stories I share and the tools I offer immediately relatable and applicable.

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JACQUELINE MISLA

CHANGE STRATEGIST | COACH | PODCASTER

I can speak to a number of topics, including:

AMPLIFYING THE VOICES OF WOC

I am the founder of Craft Your Path, an organization which helps womxn untangle themselves from the external expectations and internal fear & doubt that consumes our energy, to instead turn that energy into a driving force for personal and global change.

ALIGNING OUR WORK WITH OUR VALUES

I work with organizations to help them abandon the outdated systems, work culture, and processes that are holding them back, and embrace new perspectives and practices that grow their leaders, improve their culture, streamline workflow, and amplify their impact with their staff and community/ clients.

NAVIGATING THROUGH CHANGE

I support individuals through the changes they want to make in their careers, their relationships, and their lives. Using everything from mindfulness body scans to custom-created workbooks; my work centers around moving people from feeling stuck, frustrated, or unclear to motivated, focused, and successful.

NON-TRADITIONAL RELATIONSHIPS

I'm the COO of Curious Fox, an organization which challenges the status quo in love, sex, and relationships. Through our podcast, blog, and events, we explore everything from etymology to neurobiology to the reality of the navigating through non-traditional and open relationships; modern takes on old relationship ideas and approaches; new strategies for finding self and partnered pleasure, and intersectional perspectives on love, relationships, and sexuality.

WOKE PARENTING

As the mother of a vibrant and complicated daughter, I'm applying a decade of youth development experience with a modern take on parenting to approach motherhood with the same social justice, sex positive, strategic, storytelling, and self-empowering mindset that I do my work. I speak and write about woke parenting, and how to raise children within our ever changing social environment, so that parents are not preparing their children for the world (which is constantly changing beneath our feet), but instead preparing their children to know themselves deeply so that they can successfully and authentically thrive in any world that they find themselves in.